



GROWING
FAMILIES



2019 DUBLIN SEMINAR

THURSDAY
14 NOVEMBER

Parent-led Education
on IVF, Donor &
Surrogacy Options

**“ALTRUISTIC
SURROGACY
IN GREECE”**

Dr Elias Tsakos MD, FRCOG

Chairman & Medical Director
EmbryoClinic IVF, Greece

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CV & “conflicts of interest”

Dr Elias Tsakos

- UK trained Gynaecologist – Fertility Specialist
- Fellow of Royal College of Obstetricians & Gynaecologists, London
- Member of BFS, ESHRE, ASRM
- Board member of Association of Greek Fertility Specialists

Fertility Tourism

- the practice of traveling abroad to undergo fertility treatment



Fertility Tourism

Why abroad ?

- Care
- Success rates
- Short(er) waiting
- Cost
- AVAILABILITY
- LEGISLATION



IVF Abroad

top tips for a safe & successful journey

human
reproduction

ORIGINAL ARTICLE *Infertility*

Crossing borders for fertility treatment: motivations, destinations and outcomes of UK fertility travellers

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REPRODUCTION 43:1-11 (2011)

Fertility Treatment

- **Travel abroad**
- **Select a Clinic**

Why Greece for Surrogacy ?

Fertility Clinics

- **Scientifically & technologically Advanced**
- **Regulated & Quality Assured**
- **Legal Framework**
- **Safety & Success**
- **No waiting lists**
- **Affordable**
- **Excellent Reputation**
- **Easy access**



Altruistic Surrogacy in Greece

- Legislation
- Medical criteria
- Availability
- Experience

Altruistic Surrogacy in Greece

- The surrogate carrier
 - Who they are
 - How are they recruited
 - Agencies ?
 - Care of Surrogates

Altruistic Surrogacy in Greece

- Court Order – Transfer of Parentage
 - When
 - Why
 - Impact

Altruistic Surrogacy in Greece

- Main Advantages
 - EEU country
 - Legal & Regulated
 - Accessible to foreigners
 - Safe & Successful
 - Affordable
 - Quick & uncomplicated exit process
 - Experienced Medical & Legal teams

IVF Abroad

top tips for a safe & successful journey



Who do I trust with my family dream? EMBRYO
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Select

the RIGHT Clinic ABROAD

For YOU!

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top tips for a safe & successful journey

Do your Homework

- Internet - Blogs
- Support groups
- Reviews – testimonials
- Success rates



SEEK RELIABLE INFO

- HFEA, www.hfea.gov.uk
- IN UK, www.infertilitynetworkuk.com
- ESHRE, www.eshre.eu
- GP
- Ask your local Gynaecologist / Fertility Specialist
- Ask your Fertility Nurse
- Organisations eg Growing Families

How to choose a Fertility Clinic

top tips for a safe & successful journey

Initial visit

- *Meet the Gynaecologist* & the Coordinator team
- Visit the operating theatre and the IVF laboratories

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top tips for a safe & successful journey

Homework

- Learn the basics (ICSI, blastocyst culture, time lapse, etc)
- Available treatments
- Level of information, communication, coordination
- Cost (caution !)
- Success (caution !)

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top tips for a safe & successful journey

Contact “potential” units (1-2 max)

- Complete forms
- Skype interview with Gynaecologist
Vs administrator / coordinator
- Assess : expertise, communication,
availability, honesty, respect
compassion, care

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top tips for a safe & successful journey

Success rates

- Read and compare statistics eg for your age group
- Logical explanation(s) for the high success rates ?
E.g.:
 - level of Staff experience, intense diagnostics,
 - 7 day / week operation,
 - senior scientific team,
 - infrastructure of lab,
 - success-boosting techniques,
 - intense cycle monitoring

Greece

- Surrogacy Legally permitted & protected
- Anonymous & Altruistic Egg Donation
- Licensed & Regulated IVF Clinics
- Established Fertility Tourism Destination
- Top levels of safety & success
- Affordable
- Easy Access

Egg Donation Greece

- Legally permitted & protected
- Anonymous Egg Donation
- Compensation to donors for expenses
- Age : 18 - 35 (usually : 20 - 30)
- Max= 10 families per egg donor
- Logistics
- Short waiting lists
- Embryo Donation possible



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True Holistic Fertility Care



Acupuncture

Massage Nutrition

Diet Mindfulness

Fertility Medicine Yoga

Retreats Aromatherapy

Life Coaching Genetics

Embryology Herbal Medicine

Reflexology Vitamins

Minerals Sexual Coaching

Psychology Exercise

Science



www.alphazita.com

Thessaloniki, Greece

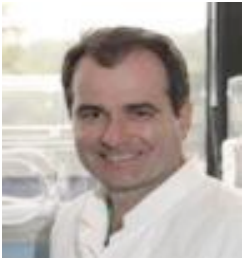
- Thessaloniki is a major commercial in South East Europe.
- International Large airport
- Low cost airlines base centre (Easy Jet & Ryan Air)
- Multicultural - Cross road of civilizations – East meets West



Inter-Balkan Medical Centre



EmbryoClinic Greece



Dr Elias Tsakos FRCOG
Medical Director



Dr. Kanelina Bimpa
Breast Specialist



Dr. Athanasios Tolikas
Gynaecologist



Dr. Nikos Tsagias
Gynaecologist



Dr. Dinos Karakoulas
Anaesthetist



Dave Gibbon
Consultant
Embryologist



Eros Nikitos
Laboratory Director



Gilda Hassidis
Clinical Embryologist



Chrysoula Doukaki
Clinical Embryologist



Dimitra Myronidou
Midwife



Anastasia Nika
Lab Technician



Daphne Mavropoulou
Midwife



Electra Baloutoglou
Administrative Staff



Katerina Amvrosiadou
Administrative Staff



Edlira Gega
Auxiliary Nurse